

## SS Peter and Paul Orthodox Church

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PROPHET OBEDIAH

Sunday December 2, 2018

Ephesians 6:10-17, Luke 12:16-21

Tropars and Kondaks Tone 2

**Entrance of the Theotokos into the Temple** – Tuesday Divine Liturgy at 9:00 AM, confessions at 8:30. Panachida for George and Susan Kaniuk and Elsie Telford.

Altar Society Christmas luncheon is at 1:00 PM at Hoss's Restaurant

“Whoever has not experienced temptation cannot enter into the Kingdom of Heaven. Without temptations no-one can be saved.”  
— St. Anthony the Great

WEEKLY SUNDAY REPORT OF INCOME AND CANDLES, 11/25/18		
Sunday Offering \$925.00	Candles \$ 31.00	
Thanksgiving \$ 10.00	Assessments \$90.00	
		Total \$ 1056.00

Eternal Light – In Memory of Katheryn Daskivich offered by Kathy

### Candles

3– In Memory of Sam, Family, for Health of Family, and Thanksgiving/ by Deb Sasala  
5 – For Family/ Lois and Steve  
2 – Special Intention/Deb Isenberg

“The devil is afraid of us when we pray and make sacrifices. He is also afraid when we are humble and good. He is especially afraid when we love Jesus very much. He runs away when we make the Sign of the Cross.”

+ St. Anthony the Great

Make dough: 4:00 Monday Dec. 3, Monday Dec. 10, Wednesday Dec. 5 Wednesday Dec. 12  
Bake 8:30 Tuesday Dec. 4 Tuesday Dec. 11, Thursday Dec. 6 Thursday Dec. 13

**St. Nicholas Day Celebration December 16<sup>th</sup>.** Please mark your calendars. Potluck sign up is downstairs.

**CHRISTMAS FAST (FILIPOVKA)** began on Wednesday, November 28 and goes until Christmas Eve, Dec. 24/Jan. 6. It is called Philip’s Fast because it begins the day after the Feast of St. Philip the Apostle on Nov. 14/27.

1. The **Traditional Fast** requires fasting from meat, eggs, dairy products, fish, oil, and wine for the Fast, with these exceptions: Fish, wine and oil are allowed on Saturdays and Sundays, and oil and wine are allowed on Tuesdays and Thursdays. The fasting rules permit fish, and/or wine and oil on certain feast days that occur during the course of the fast: Evangelist Matthew (Nov. 16/29), Apostle Andrew (Nov. 30/Dec. 13), Great-martyr Barbara (Dec. 4/17), St. Nicholas (Dec. 6/19), St. Spiridon and St. Herman (Dec. 12/25), St. Ignatius (Dec. 20/Jan. 2), etc. There is no fast on the Feast of the Entrance (Nov. 21/Dec. 4). The Nativity Fast is not as severe as Great Lent or the Dormition Fast.

2. As always, persons who are ill, the very young or elderly, and pregnant and nursing mothers are exempt from fasting. Each individual is expected to confer with their confessor regarding any exemptions from the fasting rules, but should never place themselves in physical danger.

3. The MINIMUM Diocesan Rule is no meat on Wednesdays and Fridays. All are encouraged and expected to do more than the minimum.

4. **CHRISTMAS EVE** is a Day of *Fasting from Meat and Dairy* in preparation for the celebration of the Birth of Our Lord – this is why it is called the “Paramony,” a word which means “Preparation”. On this day no solid food should be eaten until the first star is seen in the evening sky. That’s why the *Vilija* or *Holy Supper* traditionally begins when the first star is seen.

5. No dispensation has been granted by the diocese from fasting on Dec. 24, 25, 31, or Jan. 1 (civil calendar).

Diocesan Website: <http://www.acrod.org> Camp Nazareth: <http://www.campnazareth.org>  
Facebook: <https://www.facebook.com/acroddiocese> Twitter: <https://twitter.com/acrodnews>  
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